



New Leaf Cortijo



***New Leaf Cortijo presents,
The Vegan Culinary Adventure.***

A four day cooking course laced with authentic World Fusion Vegan food ,by the award winning Vegan chef and restaurateur , Andrew Brookes

Hosted by Sara and Upesh .

The Chef

Andrew Brookes trained as a classical chef from the age of sixteen and went on to hone his art on prestigious cruise ships for seven years as executive chef, absorbing the magical world of global flavours, ingredients and artistry.

Inspired and dynamic , he continued to develop his vision of World Fusion vegan and vegetarian cuisine, using locally sourced , fresh organic ingredients with tantalising accents of a fresh kaleidoscope of spices and natural garnish.

He went on to conceive, award winning recipes and infused joy into the music festival scene. The journey continued and culminated in the creation of Fusca, an acclaimed, unique vegan restaurant with the collaboration of a local organic vegetable garden in Warwick.

Andrew strives to innovate and discover the potential of healthy vegan food and his enthusiasm is boundless.



The Cooking Experience.

Four days of vegan extravaganza, joyful demonstration and insightful tuition. We will inspire you with informal, friendly advice and practical skills, to instil confidence and a sense of adventure in your kitchen.

The Accommodation.

The beautiful venue ,nestled in the rolling hills of Andalucia, Spain with charming , comfortable en-suite rooms which can be utilised as twin or doubles. (www.newleafcortijo.com)



The Programme

Sixteen Hours of tuition creating a variety of mains, deserts and snacks, including a unique concept of junk food .

Excursions to local markets and delightful walks in the glorious countryside if desired.

Or, simply relax, digest and absorb the tranquillity of the campo.



Let's cook!

Please contact us for dates, prices, full itineraries, menus and travel information. Courses will be held throughout the year, with many brilliant guest chefs.



Sara and Upesh.

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